

Program: BA (under NEP)

Course Name: General Psychology Part I (Major)

Semester: I

Marks 100

(Semester end evaluation: 60 marks; Internal Evaluation: 40 marks)

Code: WAPSY111 No. of Lectures: 3/week, Total: 45

No of Credits: 3

Programme Objectives

1. To equip students with knowledge of basic concepts in the field of Psychology.
2. To ignite students interest and passion for Psychology.
3. To motivate students for life-long learning in Psychology.
4. To enable students to apply psychological principles, knowledge and skills in various fields of Psychology.
5. To enable students to develop a scientific temper and research related skills.
6. To develop values in students that enhance well-being of self and others.
7. To encourage students to develop ethical practices

Programme Specific Outcomes

At the end of the programme the learner will be able to :

PSO 1 Demonstrate understanding of the theoretical basis of Psychology.

PSO 2. Employ information and Communication Technology in Psychology related disciplines and careers.

PSO 3. Exhibit professional ethics

PSO 4. Appraise psychological assessment tools like standardized questionnaires.

PSO 5. Appraise various fields of theoretical and applied psychology

PSO 6. Identify the field the student would like to pursue in higher education or as a career.

PSO 7. Outline and use research methodology, statistical knowledge and techniques to write a research paper.

PSO 8. Identify a variety of micro-skills that drive the functioning of an effective mental health professional.

Unit 1: The Science of Psychology (Number of Lectures =15 Lectures)

- 1.1 Definition of Psychology
- 1.2 History and The Fields of Psychology Today
- 1.3 Types of Psychological professionals
- 1.4 Psychology : Scientific research
- 1.5 Ethics of Psychological Research
- 1.6 Psychology in India

Course Learning Outcomes:

At the end of the Course, the learner will be able to:

CLO 1. Outline the modern perspectives in psychology today.

CLO2. Outline the case study and survey methods of research.

CLO 3. Differentiate between the various types of professionals in the field of Psychology.

Unit 2 : Learning (Number of Lectures =15 Lectures)

- 2.1 Definition of Learning
- 2.2 Classical conditioning
- 2.3 Operant conditioning
- 2.4 Cognitive learning Theory
- 2.5 Observational Learning

Course Learning Outcomes:

At the end of the Course, the learner will be able to:

CLO 4. Apply classical conditioning to examples of phobias, taste aversions and drug dependency.

CLO 5. Compare the types of punishment. How can punishment be made more effective.

CLO 6. Outline Bandura's classic studies in observational learning. List the four elements of observational learning.

Unit 3 : Memory (Number of Lectures =15 Lectures)

- 3.1 What is memory?
- 3.2 Models of memory
- 3.3 Retrieval of Long-term Memories
- 3.4 Forgetting
- 3.5 Neuroscience of memory

Course Learning Outcomes:

At the end of the Course, the learner will be able to:

CLO 7. Explain the models of memory.

CLO 8. Elaborate on iconic and echoic sensory memory.

CLO 9. Elaborate on the terms selective attention and working memory.

Book for Study

Ciccarelli, S.K., White, J.N., & Mishra, G. (2018) .Psychology. 5th Edition; Indian Adaptation. Pearson India Education Services Pvt.ltd.

Additional Books for Reference

1) Baron, R. A., & Kalsher, M. J. (2008). Psychology: From Science to Practice. (2nd ed.). Pearson Education inc., Allyn and Bacon

2) Ciccarelli, S. K. & Meyer, G. E. (2008). Psychology (Indian sub-continent adaptation). New Delhi: Dorling Kindersley (India) pvt ltd.

3) Ciccarelli, S. K., & White, J. N. (2017). Psychology. 4th ed. New Jersey: Pearson education

4) Feist, G.J, & Rosenberg, E.L. (2010). Psychology: Making connections. New York: McGraw Hill publications

Examination/ Modality of Assessment

A. Internal

Continuous Internal Assessment (CIA): 40 marks

- a) **Class Test To include objectives, definitions, short notes for 20 marks**
- b) **Project for 20 marks.**

Marks will be added together.

B. External Examination- 60 Marks per paper

Semester End Theory Examination:

Theory Examination Pattern:

1. Duration - These examinations shall be of **two hours** duration.
2. Theory question paper pattern:

There shall be **four theory questions** each of **fifteen marks**, **one from each unit** with **internal choice** and the **fourth question** (Five concepts - **explain in brief**) from **all units**. All questions shall be **compulsory with choice between questions**

NO ATKT under NEP

Course Name: General Psychology Part II (Major)

Semester: II

Marks 100

(Semester end evaluation: 60 marks; Internal Continuous Evaluation: 40 marks)

Code: WAPSY121 No. of Lectures: 3/week, Total: 45

No of Credits: 3

Programme Objectives

1. To equip students with knowledge of basic concepts in the field of Psychology.
2. To ignite students interest and passion for Psychology.
3. To motivate students for life-long learning in Psychology.
4. To enable students to apply psychological principles, knowledge and skills in various fields of Psychology.
5. To enable students to develop a scientific temper and research related skills.
6. To develop values in students that enhance well-being of self and others.
7. To encourage students to develop ethical practices.

Programme Specific Outcomes

At the end of the programme the learner will be able to :

- PSO 1 Demonstrate understanding of the theoretical basis of Psychology.
- PSO 2. Employ information and Communication Technology in Psychology related disciplines and careers.
- PSO 3. Exhibit professional ethics
- PSO 4. Appraise psychological assessment tools like standardized questionnaires.
- PSO 5. Appraise various fields of theoretical and applied psychology
- PSO 6. Identify the field the student would like to pursue in higher education or as a career.
- PSO 7. Outline and use research methodology, statistical knowledge and techniques to write a research paper.

PSO 8. Identify a variety of micro-skills that drive the functioning of an effective mental health professional.

Unit 1: Cognition: Thinking, Intelligence and Language (15 lectures)

1.1 How people think: Thinking and concept formation

1.2 Intelligence

1.3 Language

Course Learning Outcomes:

At the end of the Course, the learner will be able to:

CLO 1 Explain the different methods of problem solving and decision making.

CLO 2 Elaborate on Sternberg's, Gardeners' and Spearman's theories of intelligence.

CLO 3 Explain the concept of intellectual disability, the criteria for diagnosis and causes of the same.

Unit 2 : Motivation and Emotion (15 lectures)

2.1 Approaches to understanding Motivation

2.2 What, Hungry Again? Why people eat

2.3 Emotion

2.4 Culture and Emotions

Course Learning Outcomes:

At the end of the Course, the learner will be able to:

CLO 4 Elaborate on Maslow's hierarchy of needs and Self-determination theory, to explain motivation.

CLO 5 Outline the factors that contribute to obesity.

CLO 6 Distinguish between the three theories of emotion: James-Lange, Cannon-Bard, Schachter-Singer.

Unit 3 : Statistics in Psychology (15 lectures)

- 3.1 What are Statistics?
- 3.2 Descriptive Statistics-Frequency Distributions
- 3.3 Measures of Central Tendency
- 3.4 Measures of Variability
- 3.5 Inferential Statistics

Course Learning Outcomes:

At the end of the Course, the learner will be able to:

- CLO 7 Draw and write on the normal curve.
- CLO 8 Why are statistics important to psychologists. Explain the two main types of descriptives statistics.
- CLO 9 Calculate the mean, median and mode from a set of scores .

Book for Study

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- 4) Feist, G.J, & Rosenberg, E.L. (2010). Psychology: Making connections. New York: McGraw Hill publications

Modality of Assessment

A. One Continuous Internal Assessment (CIA) : 40 marks

Class Test To include objectives, definitions, short notes for 20 marks

Project for 20 marks.

Marks will be added together.

B. External Examination- 60 Marks per paper

Semester End Theory Examination:

Theory Examination Pattern:

1. Duration - These examinations shall be of **two hours** duration.

2. Theory question paper pattern:

There shall be **four theory questions each of fifteen marks, one from each unit with internal choice** and the **fourth question** (Five concepts - **explain in brief**) from all units. **All questions shall be compulsory with choice between questions**

NO ATKT under NEP